

**U=U** stands for:

## UNDETECTABLE EQUALS UNTRANSMITTABLE

People who are on treatment for HIV and have an undetectable viral load do **NOT** transmit HIV.

When a person has achieved an undetectable viral load for at least 6 months, the virus cannot be transmitted.







## YOUR HEALTH IS YOUR FUTURE

## Support by:



SECRETARÍA DE ESTADO DE SANIDAD

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