

LEARN MORE ABOUT

Post-exposure prophylaxis

YOUR HEALTH IS YOUR FUTURE

WHAT IS PEP?

Post-exposure prophylaxis is a preventive measure for people who have had a possible exposure to HIV.

PEP is a treatment that reduces the risk of infection.

PEP only protects against HIV. Condoms are the best tool to prevent HIV and other sexually transmitted infections.

WHO CAN TAKE PEP?

People without HIV and people who do not know their HIV status can take PEP if they have had a possible exposure to HIV.

It is not for regular use if HIV exposure is frequent.

HOW TO TAKE PEP?

PEP is a course of HIV medication (pills) taken for 28 days.

It is recommended to start treatment as soon as possible after a possible exposure: preferably within 24 hours and always within 72 hours.

WHERE TO GET PEP?

People who have had a possible exposure to HIV can request PEP from any hospital emergency department.

PEP is included in the Spanish National Health System (SNS) and is a free health service throughout Spain.

+ Info about PEP:



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